



# Cambridge Tigers

Newsletter



## From the Principal



### SCHOOL NEWS

Welcome back and HAPPY NEW YEAR! Our first week of school has flown by and we have had a wonderful start to our year. Your children are a delight to us and we are happy to be together again. A special welcome to our new students and families and especially our new primaries. We hope that as a part of our school community you and your child feel warmly welcomed, education-

ally supported and that you have a sense of belonging. It has been an excellent beginning and I thank you for all you preparation work in August to assist your child.

We hope you have a wonderful year ahead. Our school is open and welcoming and we encourage your conversations, ideas and input to how we all learn and grow together here at Cambridge Elementary.

Thank you,  
Crystal Tracy  
Principal

### SAFETY CONCERN

We have received a call from the Village Commission to inform us that they are working on the sidewalks that are out in front of the school. They will be widening them to five feet (currently they are 4 feet) and then resurfacing them. Please be sure that you talk with your children about being safe on the walk to and from school while the work is being complete. There will be construction equipment present throughout this process.



## September

### Dates to Remember:

- Sept 16 Home & School**  
7pm Library
- Sept 18 Terry Fox Walk**  
1:30 pm
- Sept 21 Inservice**  
NO SCHOOL  
For students
- Sept 22 PICTURE DAY!**
- Oct 7 Early Dismissal**  
11:35 am
- Nov 7 FALL FAIR**  
10:00am-3:00pm

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## 6th Annual Fall Fair

The Home & School will hold their annual Fall Fair on November 7, 2015 from 10:00 am - 3:00pm. **The cost per table is \$25.** We also ask for a door prize contribution with an approximate value of \$5-\$10.



**Deadline for table registration to be booked and paid for is October 24, 2015.** There will be no refunds after this date. Cheques are payable to *Cambridge and Dis-*

*trict Elementary School.*

To secure your space(s), fees must be submitted with registration, and spaces within the school are filled on a first come/first served basis.

# Important Information for All Parents

## Walk to School SAFETY

Please remain aware that there are many walking students who need to travel across the Central Kings driveways. They are painted as crosswalks and all vehicles need to wait for students to cross safely.

We are also in need of a new Crossing Guard to work 10 hours per week (minimum wage) at the intersection of the hours are 8:00-9:00 and 2:30-3:30. Please contact Mrs. Tracy at the school if you are interested in applying for this position.

## Early Morning Drop-Off Time

Our morning supervision for bussed students begins at 7:45 am. A second Educational Assistant begins supervision at 8:00. Students **cannot** be dropped off by parents/guardians until 8:00 a.m. when our second EA is on duty. Please help us to keep your children and our students safe.

## End of day Protocols Pick up

Our school day ends at 2:35 and those being picked up, walking or biking

home will be dismissed at 2:45 following busses being safely off school property. Please be reminded that picking children up early is disruptive to classroom teaching and we need your cooperation to protect instructional time. If you must do so for a medical appointment please provide a note to the homeroom teacher so they can prepare.

## Volunteer Checks

### Child Abuse Registry/Criminal Records Check

If you plan to volunteer in the school or take part in class trips you need to have a Criminal Record Check through the RCMP and a Child Abuse Registry check as well. The new policy that was implemented last year is these need to be completed every three years. We encourage and welcome volunteers. Please see Janet in the office for the appropriate forms. It can take several months to be approved to work with children in schools so it's best to get this done sooner than later.

## Student Attendance

Consistent student attendance is important. When a child is frequently absent from school he/she misses important learning experiences including specific skills and knowledge that may be necessary for further learning. The real danger of frequent absences from school is that students will develop gaps in their learning that will hinder future learning. It is understood that there are legitimate reasons why students must miss school. When this occurs, the school will work with you to ensure your child does not fall behind. Please communicate these situations with the child's teacher and the school principal.

There are also many examples of students missing significant time when it is not necessary. Please take school attendance seriously, be consistent in ensuring that your child values the importance of a good education. Make sure he/she goes to bed at a reasonable time and gets a good night's sleep. Do not hesitate to phone the school if you are encountering difficulties getting your child to attend school. Allow us to work with you to find solutions. We are willing to sit with you to look at your child's programming and school experiences as well as any other factors that may impact on your child attending school.

## Home & School

The Home & School Association is a volunteer organization made up of interested parents working alongside the schools staff to help support the needs of the school and its students. There is a General meeting every month, which you are all invited to attend. This gives parents and others interested in children and their education the opportunity to be involved in decisions being made in our school.

Everyone is welcome and we look forward to seeing you there.

The first Home and School meeting for year will be Wednesday, September 16th at 7pm in the Library. Please join us to learn more about the latest at Cambridge and District Elementary! If you have any questions contact Home & School President Thomas Beveridge at 902-375-2290.

## Lunch Program

The price list and lunch menu for the month is printed in the newsletter. Order Forms will come home with your child. Complete an order form daily and send it to school with your child. If you get low on order forms just send a note to school. If you do not plan to order you can return the forms to the school. Thanks!

# Hot Lunch Menu

Milk	0.40
Water	0.40
Apple or Orange Juice	1.00
Whole Apple	0.75
Apple Wedges	1.00
Banana Slices	0.75
Orange Wedges	1.00
Fresh Fruit	1.00
Carrots & Dip	1.00
Veggies & Dip	1.00
Hard Boiled Eggs	0.75

Gold Fish Crackers/fruit	1.50
Cheese & Crackers	1.50
½ Bagel with Butter	1.00
½ Bagel with Cream Cheese	1.00
Whole Bagel & Butter or Cr. Cheese	2.00
Cheese String	0.75
Yogurt	0.75
Raspberry Choc. Chip Bran Muffin	1.00
Homemade Bits and Bites	1.00
Healthy Rice Krispie Square	1.00
Cookies	1.50
Multigrain Roll	0.75

## Daily Lunch Items

Sandwiches	1.50
Cheddar Cheese, Tuna, Egg, Chicken Salad or Cucumber	
Chicken Noodle Soup	1.50
Chili	1.50

Baked Potato with cheese & butter	1.50
Chicken Noodle Soup or Chili and Multigrain Roll	2.00

## Hot Lunch Daily Meals \$3.00 each

### September 2015

Monday	Chicken Caesar Wrap
Tuesday	Chicken Drumstick & Corn on the Cob
Wednesday	Grilled Cheese
Thursday	Nachos
Friday	Pizza - veggie or cheese

### October 2015

Monday	Quesadilla
Tuesday	Chicken Drumstick & Potato Wedges
Wednesday	Grilled Cheese
Thursday	Shepherds Pie
Friday	Pizza - veggie or cheese

All meals include a 2% milk and fruit or vegetable of the day. The cost is \$3.00. If your child prefers juice, the cost is \$4.00.

If there is a **holiday or in-service** on Friday, **pizza day** will be moved to **Thursday**.

Thank you to Valley Pizza for providing us with whole wheat crust pizza.

## Cambridge & District Elementary School

6113 Highway 1  
Cambridge Stn., NS  
B0P 1G0  
Phone: 902-538-4680  
Fax: 902-538-4686  
E-mail: [cads@avrsb.ca](mailto:cads@avrsb.ca)  
[www.cambridgeelementary.ednet.ns.ca](http://www.cambridgeelementary.ednet.ns.ca)

Working Together for  
Students!

## Community Events

I am a private music teacher and have been teaching locally for the past 20+ years. I currently have various spots available in the studio should anyone of any age, including adults, require lessons in any instrument except voice and percussion. I am emailing to request a favour that possibly you could put an ad in your school newsletter. There are a couple of references that I can give you as well as a link to my website.

<http://jordangrigg.musicaneo.com> Please feel free to contact me at 902 365 5707. Jordan Grigg

**Give Basketball a Try Pre-Season FREE Sessions - Welcome all boys and girls grades P-8 (age 4-14) New to Basketball? - Come give the game a try with no pressure to commit Returning Players -Join us to refresh your skills and help welcome new players to the game**

**Dates:** Saturdays: Sept 12 & 19 @ Coldbrook School  
Tuesday nights: Sept 8 & 22 @ Coldbrook School  
Thursday nights: Sept 10 & 17 @ Berwick School

**Times and Age Groups:** Visit our website for details: [www.kingsminorbasketball.com](http://www.kingsminorbasketball.com)

**Requirements:** Clean sneakers, gym clothing, water, good attitude!

**KMBA REGISTRATION DATES:** Friday, Sept 11th @ Berwick Town Hall gym - 6-8pm  
Saturday, Sept 12th @ Berwick Town Hall gym - 9am-noon  
Thursday, Sept 17th @ Berwick School 6-8 pm  
Saturdays, September 19 @ Coldbrook School gym - 9am-1:00

For more information or if you would like to volunteer as a coach, manager or support staff, contact Deidre Burns @ 690-5838 or visit the site [www.kingsminorbasketball.com](http://www.kingsminorbasketball.com)

### 2nd Berwick Scouting

We are ready to begin another year of fun and games!!

Start Dates and contact people for each section are as follows:

**Beavers (5-7yrs)** – Sept. 17<sup>th</sup> 6:30-7:30pm @ Berwick Baptist Church

Contact: Kris Graham 538-9882 or [krissysflowers@hotmail.com](mailto:krissysflowers@hotmail.com)

**Cubs (8-10yrs)** – September 15<sup>th</sup> 7-8:30pm @ Berwick Baptist Church

Contact: Jeff Reeves 538-0483 or [pltnav@hotmail.com](mailto:pltnav@hotmail.com)

**Scouts (11-14)** – September 9<sup>th</sup> 7-9pm @ Berwick Anglican Church Hall

Contact: Lisa Steadman 680-1852 or [lasteadman@eastlink.ca](mailto:lasteadman@eastlink.ca)

**Venturers (14-17)** - September 9<sup>th</sup> 7-9pm @ United Church Basement

Contact: Robert Chittick 680-8753 or [robert.chittick@bellaliant.com](mailto:robert.chittick@bellaliant.com)

You are able to register your child either on the first meeting night or at the Town of Berwick Recreation Registration night Friday September 11<sup>th</sup> 6-8pm or Saturday September 12<sup>th</sup> 9am-12pm. The registration fee for the year for scouting is \$200. There will be Jumpstart applications available at any of the registration times.

The Annapolis Valley Speed Skating club will begin their 4<sup>th</sup> season on October, 5, 2015, at the Credit Union Centre (CUC), Kingston. The Learn to Skate class is at 6 pm; the recreational/competitive class at 7 pm. AVSSC has speed skates to rent; the skate rental is free for a skater's first season. We will be registering skaters on Sept 14 & 21, 7-8:30 pm, at the CUC, Kingston. For further information, please contact us at [val-leyspeedskating@gmail.com](mailto:val-leyspeedskating@gmail.com) or through Facebook Valley Speed Skating. Please check our display at Wing Welcome.

### Centre Stage Theatre

Much More Munsch - Stories by Robert Munsch

September 19th, 20th, 26th, 27th - 2pm matinee (Upper Performance Centre)

Tickets \$5.00

Reservations: 902-678-8040 Information: 902-678-3502