



Cambridge Tigers

Newsletter

From the Principal



September is over and we are into October, we had a very busy first month of school, hopefully things slow down a little for everyone. Thanksgiving is just around the corner, a time to take a breather, relax and spend time with family.

October is Mi'kmaq History Month; as in previous years, Cambridge will be scheduling activities in their classes that celebrate the Mi'kmaq culture. We are also hoping to host a Lacrosse event, and sharing time with a Mi'kmaq elder with dance and song on October 28th. Please have a peek at our beautiful basket display and drum in our main entrance. These

baskets are made by local artisans and some are as old as 65years!

Drive Away Hunger campaign ends with an exciting tractor pick up on the 22nd. Thanks to all families for great donations. We will be receiving food bank items up until the final date.

Food for Thought. Each family received 3 tickets costing 5.00. You have a chance to win 1 of 5 \$100 gift cards and all proceeds go directly to our wonderful Breakfast Club. We hope that each family is able to purchase or sell to others their 3 tickets. It takes a community effort to fund our program. Breakfast Club is always in need of volunteers.

Fluoride Program. The Department of Health is ready to once again run the weekly fluoride program for our children and in good faith we have sent home the permission forms which we are collecting. However we are in need of a volunteer group to facilitate this. It's a great service to our school and takes just 45 minutes once per week. Please phone the office if you are able to offer help.

Lunch Menu

Please keep the newsletter until the next one comes home as the menu for the current month and the next month is in it so you are always aware of what the first week's menu is. Mrs. Turner-Tracy
Principal

6th Annual Fall Fair



The Home & School will hold their annual Fall Fair on November 7, 2015 from 10:00am - 3:00pm. **The cost per table is \$25.** We also ask for a door prize contribution with an approximate value of \$5-\$10.

Deadline for table registration to be booked and paid for is October 24, 2015. There will be no refunds after this date. Cheques are payable to *Cambridge and District Elementary*

School.

To secure your space(s), fees must be submitted with registration, and spaces within the school are filled on a first come/first served basis.

October

Dates to Remember:

- Oct 12** Thanksgiving Day
NO SCHOOL
- Oct 20** Picture Retakes
- Oct 21** Home & School
7pm Library
- Oct. 23** Inservice Day
NO SCHOOL
- Oct 30** Spirit Day: Unicef
Wear Orange/Black
Assembly 9am
- Nov 6** Early Dismissal
11:35am
- Nov 7** **FALL FAIR**
10:00am-3:00pm



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Important Information for All Parents

Walk to School SAFETY (Job Opportunity)

Please remain aware that there are many walking students who need to travel across the Central Kings drive-ways. They are painted as crosswalks and all vehicles need to wait for students to cross safely.

We are also in need of a new Crossing Guard to work 10 hours per week (minimum wage) at the intersection of the hours are 8:00-9:00 and 2:30-3:30. Please contact Mrs. Tracy at the school if you are interested in applying for this position.

Early Morning Drop-Off Time

Our morning supervision for **bussed** students begins at 7:45 am. A second Educational Assistant begins supervision at 8:00. Students **cannot** be dropped off by parents/guardians until 8:00 a.m. when our second EA is on duty. Please help us to keep your children and our students safe.

End of day Protocols Pick up

Our school day ends at 2:35 and those being picked up, walking or biking

home will be dismissed at 2:45 following busses being safely off school property. Please be reminded that picking children up early is disruptive to classroom teaching and we need your cooperation to protect instructional time. If you must do so for a medical appointment please provide a note to the homeroom teacher so they can prepare.

Student Insurance

Parents May purchase additional School Insurance for their students. In the pas SIP has sent form home with students, but in an effort to be more environmentally friendly they are asking us to direct parents to their website. You can find information about what they offer on their website (a link will be on our school website as well. <http://sip.ca/parents-students/student-accident>



Home & School

The Home & School Association is a volunteer organization made up of interested parents working alongside the schools staff to help support the needs of the school and its students. There is a General meeting every month, which you are all invited to attend. This gives parents and others interested in children and their education the opportunity to be involved in decisions being made in our school.

Student Attendance

Consistent student attendance is important. When a child is frequently absent from school he/she misses important learning experiences including specific skills and knowledge that may be necessary for further learning. The real danger of frequent absences from school is that students will develop gaps in their learning that will hinder future learning. It is understood that there are legitimate reasons why students must miss school. When this occurs, the school will work with you to ensure your child does not fall behind. Please communicate these situations with the child's teacher and the school principal.

There are also many examples of students missing significant time when it is not necessary. Please take school attendance seriously, be consistent in ensuring that your child values the importance of a good education. Make sure he/she goes to bed at a reasonable time and gets a good night's sleep. Do not hesitate to phone the school if you are encountering difficulties getting your child to attend school. Allow us to work with you to find solutions. We are willing to sit with you to look at your child's programming and school experiences as well as any other factors that may impact on your child attending school.

KEYSS Clinic

The KEYSS Clinic will be held at Cambridge School on November 13. If you have a child who was born in 2012 we encourage you to call and register for this early screening program. To register please call 902-678-6111 or register online at www.valleychilddevelopment.ca

Hot Lunch Menu

Milk	0.40
Water	0.40
Apple or Orange Juice	1.00
Whole Apple	0.75
Apple Wedges	1.00
Banana Slices	0.75
Orange Wedges	1.00
Fresh Fruit	1.00
Carrots & Dip	1.00
Veggies & Dip	1.00
Hard Boiled Eggs	0.75

Gold Fish Crackers/fruit	1.50
Cheese & Crackers	1.50
½ Bagel with Butter	1.00
½ Bagel with Cream Cheese	1.00
Whole Bagel & Butter or Cr. Cheese	2.00
Cheese String	0.75
Yogurt	0.75
Raspberry Choc. Chip Bran Muffin	1.00
Homemade Bits and Bites	1.00
Healthy Rice Krispie Square	1.00
Cookies	1.50
Multigrain Roll	0.75

Daily Lunch Items

Sandwiches	1.50
Cheddar Cheese, Tuna, Egg, Chicken	
Salad or Cucumber	
Chicken Noodle Soup	1.50
Chili	1.50

Baked Potato	1.50
with cheese & butter	
Chicken Noodle Soup or Chili	
and Multigrain Roll	2.00

Hot Lunch Daily Meals \$3.00 each



Monday	Quesadilla
Tuesday	Chicken Drumstick & Corn on the Cob
Wednesday	Grilled Cheese
Thursday	Shepherds Pie
Friday	Pizza - veggie or cheese



Monday	Donair
Tuesday	Mac & Cheese
Wednesday	Grilled Cheese
Thursday	Sweet & Sour Meatballs
Friday	Pizza - veggie or cheese

All meals include a 2% milk and fruit or vegetable of the day. The cost is \$3.00. If your child prefers juice, the cost is \$4.00.

If there is a **holiday or in-service** on Friday, **pizza day** will be moved to **Thursday**.

Thank you to Valley Pizza for providing us with whole wheat crust pizza.

Cambridge & District Elementary School

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www.cambridgeelementary.ednet.ns.ca

Working Together for
Students!

Community Events

Gems Girls Club meets every other Friday evening from 6:30 - 8:30pm at the New Hope Wesleyan Church on Chester Ave, Kentville. This club is for girls in grades 2 - 8. Our evenings start with singing and a devotional. The girls then go into small groups to work on our Annual Theme, badges, crafts, etc. Our next club night is October 2, 2015. For more information contact Janet at 902-679-4801 or kroezen@eastlink.ca.



Safety Day Camp

Saturday, October 24th, 2015 8:45am—1:00pm at Green Diamond Equipment in Steam Mill (John Deere)
You will attend 4 workshops to learn about safety around: Big Machinery, Small Machinery, and Sun/Fun Activities. Snack & Lunch will be provided, and you will take home a sun hat & a goodie bag. Cost \$5.00

REGISTRATION DEADLINE is October 18, 2015

Please Call Kim Lipscomp 902-538-1200 for registration form. Limited participants



9:30-11am Wednesday Mornings starting October 28, 2015 at
Cambridge Baptist Church 5981 Hwy 1 Cambridge

Story Time Play Time Craft Time
Mommy Time
Coffee, juice and Snack time
For more information contact
Phyllis 902-365-2555



Join us for the first workshop in our Fall/Winter Education Series!
VISUAL SCHEDULES

Saturday, November 14th 1:00 p.m. to 4:00

p.m.

Autism Centre, 565 Main St., Kingston



Joanne Porter, former Annapolis Valley Regional School Board Autism Consultant, will lead attendees through the fundamentals of Visual Schedules, Activity Schedules and Task Strips.

The workshop is open to parents/caregivers and professionals. Admission is FREE but pre-registration is required. Please contact Sandy at 902-242-2019 or annapolisvalley@autismns.ca no later than November 6th to register.

7th Annual Celebration of Multiculturalism & Inclusion

Thursday, November 12th, 2015 at
NSCC Kingstec Campus, Kentville

5:30 p.m. - Reception | 6:30 - 8:30 p.m. - Performances
FREE EVENT / OPEN TO THE PUBLIC / RECEPTION

Questions? Contact Gabriela Rosales at (902) 690-2218 or grosales@countyofkings.ca