



# Cambridge Times

November Newsletter

## From the Principal



Happy Fall to All,  
 Finally the seasons have changed and its time to get ready for the winter ahead. Each day we talk a little about the weather and how we prepare for outdoor play. Outdoor play is important for young and growing children. You will notice that we are committed, in all kinds of weather, to seeing that your children enjoy outdoor play during the school day. It burns off energy, creates physical and mental well being and is an important part of being social and having friends. You can support your child by never assuming it will be an indoor day and having your child prepared with warm coat, hat, mitts and outdoor footwear.

Cross Walk Guard- We have a need to hire a Cross

Walk Guard for our intersection near Camro Apartments. The time requirement is 8-9am and again 2:30-3:30. This is a great opportunity to bring some extra income into your home. Please call Mrs. Tracy if you have an interest in this position to keep our youth safe.

“Coats for Kids” in partnership with Coldbrook Lion’s Club and Chuck’s Auto Repair will once again provide children in need with coats, ski-pants and winter boots. Parents are to submit names and sizes to the office. Thank you for the support once again!

**On Thursday, November 10th at 9:15 we hope to see you at our Remembrance Day Ceremony** to honor our Veterans and remember their sacrifices. Students of the Guiding and Scouting movements;

parents who are past or present members of the Canadian Armed Forces are warmly welcomed to attend in uniform to assist with the Veteran’s Parade. Special thanks to Mrs. Harris our Music teacher and the Choir who have worked hard on a musical piece to share with you. Mrs. Crouse’s class will be leading the assembly.

We have much to be thankful for in this strong and vibrant community, so come on out and support us all in continuing our great school traditions. Watch for information coming home about our Pancake Breakfast, Holiday Concert, Open House, Student & Parent Conferences and I am sure much more...

Mrs. Turner-Tracy  
 Principal



## Home & School Pancake Breakfast

We will hold our annual pancake breakfast on December 4th here at Cambridge School from 8:30 - 10:30am. There will be



delicious homemade buttermilk pancakes, sausages, coffee, tea and juice. We will also have Robyn Keddy here

giving flu shots free of charge (just bring your health card).



## November

### Dates to Remember:

- Nov 9** KESYS Clinic 3 Year Old Screening
- Nov 10** Remembrance Day Assembly 9:15 am
- Nov 11** Remembrance Day No School
- Nov 15** Early Dismissal 11:35 am
- Nov 23** H&S Meeting 7pm in Library
- Nov 24** 1st Term Reports Go Home
- Nov 29** **Early Dismissal** 11:35 Parent/Teacher 1-3pm & 6-8pm
- Nov 30** Regional Inservice No School for Students
- Dec 4** Pancake Breakfast 8:30 - 10:30am

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## Home & School

### Statement of Purpose

We exist to support the children of Cambridge & District Elementary School as a community - for the betterment of the children's experience. We, as a Home and School, are advocates for information for families - and act as a bridge between community and school. All opinions and concerns are welcome to be expressed and addressed at our monthly meetings.

We had a very successful and informative presentation from "Lice Matters" and are happy to

help educate parents if they are looking for support at home. Thank you to all who came out to our meeting on Wednesday night.

- Fall Fair will take place on November 19, 2016 from 10:00 - 3:00pm. Come out and take a look at all the wonderful items that will be for sale.
- Our next meeting will be held on November 23 at 7:00pm in the library. We would love to see more parents join us at our meetings.

## Library News

To families of Cambridge & District Elementary students, My name is Melanie Rose, and I am the new librarian at Cambridge & District Elementary . As someone who will get to work with all the students in the school, I hope to provide a library space that is fun, engaging, creative, interactive, and fully utilized. I am excited to share my own love of books with your children, while helping them find what they are interested in as well.

The library is open Wednesday 9:00-2:30 and Thursday

8:30-1:45. All books are signed out for 1 week. Please encourage your child to enjoy and take care of our library materials and return them for more. Also, please enjoy the books with your children! I look forward to getting to know everyone and I welcome any input or suggestions for your child's library.

Thank you and happy reading!



Melanie Rose

## KEYSS Nov. 9th

KEYSS Clinics are a community partnered program and offer parents valuable information on child development, preschool behaviors, school readiness, healthy living, physical activity, child safety and community resources. Our expertise provides an interactive experience for children and their parents. Screening includes preschool development, hearing, speech, gross and fine motor and vision. Our professionals are able to inform families about available programs and services in Kings County. Please call 678-6111 or register online at

[www.valleychilddevelopment.ca](http://www.valleychilddevelopment.ca)

**Nov. 9th at Cambridge School**

## French Immersion

### AVRSB Survey on French Immersion

Parents/guardians, students and school community members are invited to share comments on French Immersion in AVRSB through an online survey in November. The feedback collected through this survey will be considered during a review of the board's French Immersion policy and administrative procedures over the coming months. Throughout November, any interested individuals can go to [http://fluidsurveys.com/s/avrsb\\_immersion](http://fluidsurveys.com/s/avrsb_immersion) to complete a survey, or visit an AVRSB school to access the survey.

## Hot Lunch Menu

Milk	0.40
Water	0.50
Apple or Orange Juice	1.00
Whole Apple	1.00
Apple Wedges	1.00
Banana Slices	0.75
Orange Wedges	1.00
Fresh Fruit	1.00
Frozen Choc Dipped Banana	1.00
Carrots & Dip	1.00
Veggies & Dip	1.00

Hard Boiled Eggs	0.75
Gold Fish Crackers	1.00
½ Bagel with Butter	1.00
½ Bagel with Cream Cheese	1.00
Whole Bagel & Butter or Cr. Cheese	2.00
Cheese String	1.00
Yogurt	1.00
Raspberry Choc. Chip Bran Muffin	1.00
Homemade Bits and Bites	1.00
Cookie	1.50
Multigrain Roll	0.75

### Daily Lunch Items

Sandwiches 1.50

Cheddar Cheese, Tuna, Egg,  
or Cucumber

Chicken Noodle Soup 2.00

Chili 2.00

Baked Potato 1.50

with cheese & butter

Chicken Noodle Soup or Chili

and Multigrain Roll 2.50

### Hot Lunch Daily Meals \$3.50 each



Monday Quesadilla

Tuesday Shepherds Pie

Wednesday Grilled Cheese

Thursday Creamy Chicken Tortellini

Friday Pizza - veggie or cheese



Monday Taco

Tuesday Spaghetti & Meatballs

Wednesday Grilled Cheese

Thursday Taco Beef Tortilla Egg Cup

Friday Pizza - veggie or cheese

All meals include a 2% milk and fruit or vegetable of the day. The cost is \$3.50. If your child prefers juice, the cost is \$4.50.

## Cambridge & District Elementary School

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Working Together for  
Students!

## Community Events

### After School Care

I currently have a couple of spaces for after school care. Please contact Teena Connors at 902-680-2564.

**Berwick Recreation** is pleased to offer the following free programs, and we hope students and parents will enjoy them!

Free Family Open Swim at the Nova Scotia Youth Facility in Waterville,

**AVSSC, Annapolis Valley Speed Skating Club** We would like everyone to know that AVSSC will be holding an after-school program which is FREE to all school aged kids! It will be taking place at the Credit Union Centre Kingston on Fridays starting November 18th from 4:45-5:45pm. We supply the skates but ask that children bring their own helmet, thick mitts and warm clothes to wear on the ice! We have a few helmets to lend if needed. If you are interested in trying the sport or just love to go **fast**, we would love to see you there!!! [valleyspeedskating@gmail.com](mailto:valleyspeedskating@gmail.com) or find us on Facebook.

