



Cambridge Times

May Newsletter



Dates to Remember:

- May 8** Inservice Day - **No School for Students**
- May 15** Home & School Meeting 7 pm.
- May 17** CK New Parent Meeting 6:30pm
- May 19** Grade 5 Orientation at CK
- May 19** Primary Orientation **No School for Ms. Crane's & Ms. Daniels' classes**
- May 22** Victoria Day **No School**
- May 24** Choir performs during Opening Ceremonies for Apple Blossom Festival
- May 25** CK Orientation Dance 6:00-7:20

Only Early Dismissal days between now and June 23 have been cancelled.

From the Principal

April certainly has been a busy month here at Cambridge and District Elementary School.

Students and staff are very excited to announce the birth of P/1 Crane's chicks! At some point on Friday, all students and staff visited the newest members of our school community.

Two groups of students are participating in Trailblazers. They are exploring the great outdoors, learning to appreciate and respect the environment, and just having fun!

Grade 4 and 5 students were fortunate to

spend time with **visiting author**, Vivien Gorham. Thank you Ms. Rose for arranging this opportunity for our students!

The **school choir** is extremely excited as they have been invited to perform the "Mi'kmaq Honour Song" during **Opening Ceremonies for Apple Blossom Festival** on May 24th at 7 pm. This year, Opening Ceremonies will be hosted by the Annapolis Valley First Nations Community. Please come out on **May 24th at 7 pm** to show your support for the choir.

Planning is now under way for **Fun Fair on June 2**. The Home and School Committee is requesting

volunteer support in order to make this event a success. Please sign up to volunteer so this event can continue.

End of year performances will be taking place during music class on **June 8th**. Please pay attention as you will be receiving invitations soon!

If you have any questions or concerns, please call.

Happy May!

Bernice Jackson
Principal

Trailblazers



Trailblazers is a free municipality run outdoor play-time focused on grades 2-5.

We will play outside rain or shine so students will need to be prepared for the weather. The program starts at dismissal

with pick up time preferably at 4:30, but let us know at the school if this really does not work for you.

A new 4 week session will begin later in May. If your child is interested in participating please send a note to school and we

will send home a registration package for you to complete. Registration forms will be due by May 5th. We can only have 12 students per group so space is limited.

Inside this issue:

Child & Youth Mental Health	2
H&S Info	2
Transition Info	2
Hot Lunch Menu May & June	3
Community Events	4

Child and Youth Mental Health Programs

Helping Anxious Children Course Spring 2017

Thursdays, 12:00-2:00 PM

April 20, 27, May 4, 11, 15, 2017

St. Mary's Elementary School,
1276 Victoria Road, Aylesford
or

Thursdays, 6:00 – 8:00pm

May 18, 25, June 1, 8, 15, 2017

Auditorium, AVH Chipman, 5
Chipman Drive, Kentville

A 5 week course for parents/
caregivers of children with anxie-
ty.

Topics include

- What is anxiety?
- Encouraging courage

- Relaxation
- The importance of thoughts
- Facing fears
- Rewarding efforts and suc-
cess

Parents/Caregivers will be pro-
vided with education, mutual
support, and assistance. Care-
givers will be provided with
handouts of material covered
for use throughout the course
and for reference once the
course is finished.

For whom

- Parents of children diag-
nosed with an anxiety disorder

or a child who struggles to man-
age anxiety

- Parents who struggle with
their own anxiety that may or
may not be getting in the way
of helping a child with anxiety
Parents or caregivers looking for
education, support and assis-
tance

Please let us know if you would
like to attend but transportation
is an issue.

There is **no fee** to participate.

For more information, call
1-855-273-7110

Home & School

Plans are underway for our an-
nual Fun Fair on June 2nd. If
you have not already returned
the yellow Volunteer Form
please do so ASAP. We require
many hands for this event to
run.

The on-line lunch ordering sys-
tem is working very well and has
made the ordering process
much easier for teachers and
kitchen staff. If you are having
any issues at all please call the
school (902-538-4680) and we
will help you through any issues.

The Annual General meeting for
the Home & School will take
place on June 21st at 7pm in
the library. Please set aside
some time for this and come
out and support the Home &
School.

Transition Information

On February 21, 2017, the No-
va Scotia government
passed legislation to imple-
ment a contract for mem-
bers of the Nova Scotia
Teachers Union.

Please know the transition in
schools will take some time.
We know that our teachers
have always been commit-
ted to providing the best ed-
ucation possible, so class-
room learning and class-
room-related activities for
students will continue to be
their priority.

Extra-curricular activities such
as clubs or events may re-
sume, however, this is at the
discretion of staff organizers.
The Nova Scotia School Ath-
letic Federation will work with
schools to determine the next
steps for school sports.

We continue to ask that stu-
dents who do not travel on
buses arrive at school no

earlier than 20 minutes be-
fore the start of classes, and
stay after school no longer
than 20 minutes after classes
end. Your child's school will
communicate with you
about changes to school
arrivals and departures as
needed or when more infor-
mation is available.

Please continue to com-
municate with your child's
school if you have questions
about your child's learning,
supervision, schedules, extra-
curricular activities or events.

Thank you | Wela'lin | Merci

Roberta Kubik
Superintendent of Schools

Hot Lunch Menu

Milk	0.40
Water	0.50
Apple or Orange Juice	1.00
Whole Apple	1.00
Apple Wedges	1.00
Banana	1.00
Orange Wedges	1.00
Fresh Fruit	1.00
Frozen Choc Dipped Banana	1.00
Carrots & Dip	1.00
Veggies & Dip	1.00

Hard Boiled Eggs	1.00
Gold Fish Crackers	1.00
½ Bagel with Butter	1.00
½ Bagel with Cream Cheese	1.00
Whole Bagel & Butter or Cr. Cheese	2.00
Cheese String	1.00
Yogurt	1.00
Muffin	1.00
Homemade Bits and Bites	1.00
Cookie	1.00
Multigrain Roll	1.00

Daily Lunch Items

Sandwiches 1.50

Cheddar Cheese, Tuna, Egg,
or Cucumber

Chicken Noodle Soup 2.00

Chili 2.00

Baked Potato 1.50

with cheese & butter

Beef Vegetable Soup or Chili

and Multigrain Roll 2.50



Hot Lunch Daily Meals \$3.50 each



Monday Taco

Tuesday Creamy Tomato Tortellini
Soup

Wednesday Grilled Cheese

Thursday Teriyaki Chicken Casserole

Friday Pizza - veggie or cheese

Monday Chicken Caesar Wrap

Tuesday Nachos

Wednesday Grilled Cheese

Thursday Tuna Casserole

Friday Pizza - veggie or cheese

All meals include a 2% milk and fruit or vegetable of the day. The cost is \$3.50.

If your child prefers juice, the cost is \$4.50.

Cambridge & District Elementary School

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Community Events

The Berwick and District Nursery School is accepting names for a possible Tuesday and Thursday afternoon class for the 2017-2018 school year. Please call 902-538-9680 to register!

Ticket Auction Sunday, June 11, 11 a.m. to 2 p.m., there will be a benefit ticket auction at the Waterville fire hall, County Home Road. Tickets 10 for \$1: lots of great prizes. You do not have to be present for the draws – we will track you down when you win! Proceeds in support of Hardwood Lake Girl Guide Camp's septic system installation this season.



2017 FRENCH SUMMER CAMPS

 <p>Nautical Camp- Magdelan Islands July 9-15, Grades 6-9 French Immersion Nautical campers stay at the beautiful Centre Nautique de l'Istorlet. They are immersed in the culture and language of the islands while enjoying activities such as sailing, windsurfing, swimming, cycling and canoeing.</p>	 <p>Sea Kayaking Camp- Magdelan Islands July 9-15, Grades 9-12 French Immersion Campers go on a five-day wilderness adventure accompanied by the professional staff of Centre Nautique de l'Istorlet. They will discover birds, whales and seal colonies while exploring caves, cliffs and tunnels by day, camping on the sand dunes at night.</p>	<p>FrancoForum July 3-7 Grades 8-12 St Pierre, France Core French, IB & French Immersion Campers will stay with homestay families, learn about the unique culture of the French island, and return home with a stamp in their passports. International experience at the FrancoForum, St Pierre.</p>
 <p>Camp de la Baie August 20-26, Aug 27-Sept 1, Grades 4-8 Core French & French Immersion A thirty minute drive from the Armdale Rotary, Camp de la Baie is located in Sambro Head. Campers stay in one of seven heated cabins in Spruce Grove Village. Activities will include swimming, soccer, basketball, canoeing, gaga ball, hiking, drama, and arts and crafts.</p>	<p>Imagine having all of the fun of summer camp "en français"! Call our Branch Office for more information at: 902-453-2048 Or e-mail: Cpf@ns.sympatico.ca</p>	 <p>Camp Artistique Porters Lake, Digby County Aug. 7-11, Grades 4-6 Core French & French Immersion Camp Fran-tastique is located in Barton, Digby County. Set on the shores of Porters Lake, Camp Fran-tastique offers swimming, sports, crafts and games. Campers sleep in cabins with an assigned counsellor.</p>

St. Joseph's Stage Prophets presents its 15th production, *Anne & Gilbert*, based on the books by Canadian author, Lucy Maud Montgomery. Touted as one of Canada's newest musicals, it marks the first time that it is being performed in Nova Scotia. It is an inspiring story with themes of love and the importance of family, friends and our communities. This show is one that will surely get your toes-tapping as the State Prophets cast and crew bring this story to life.

Anne & Gilbert begins in the beautiful countryside of Prince Edward Island. Anne is now an independent-minded young woman about to begin her first job teaching at a one-room schoolhouse. Romantic complications unfold when childhood sweetheart Gilbert Blythe proposes marriage-- and he's not her only suitor. Troubled by her orphan past, Anne doubts if she can love anyone. But as Anne discovers the truth about her parents, a path to future happiness is revealed. Award-winning songs, memorable comedy and drama, and a message of enduring love, hope and friendship make *Anne & Gilbert* unforgettable family entertainment.

Six performances take place from May 18 - 21st with shows each evening at 7 pm and Saturday & Sunday matinee's at 1:30 pm. at the Festival Theatre Wolfville. Tickets are available on-line www.boxoffice@acadiu.ca, at Acadia Box Office, Box of Delights and Occasions Gifts and Décor Kentville.

Kid Ink Comics and Illustration Do your children like comic books? Want to learn how to make their own? This is an opportunity for students to learn the process of creating their own illustrative work. Whether they have experience drawing, or want to begin now, these art classes will show students how to use materials such as pen, ink, nib, brush, acrylic, and pencils. Using different techniques, students will work towards completed projects involving full pages, cover work, story boarding, trading cards and more!

Teacher: local artist Patrick Bezanson. Limited spacing call 902-680-1691 or stop in to:
Cotton Tale Cafe + Play 9185 Commercial Street

4 Week Course – Every Wednesday from May 3- 24 2:45 – 4:30pm \$60