



Cambridge Times

May Newsletter

From the Principal

Spring has finally sprung and its good to see the children in full play on our playground again. Fresh air and sunshine is good for us all. Mittens are still needed for the morning chill and a jacket that has some warmth. As the sunny days arrive and the layers peel off, its good to monitor your child's clothing choices. We follow a dress code here at Cambridge and remind students that this is a place of work for all of us and we need to dress appropriately. Shorts need to be as long as fingers extended at the sides and no undergarments can show. If the shorts you have are too short you could put a pair of leggings under them.

Thank you for your help in this area. We are approaching busy times in the days ahead and hope to be communicating frequently with you about upcoming events. Please remember that the guidelines for volunteers in our school are very tight and the protocols must be followed without exception. You must be fully approved at the AVRSB level in order to attend year end class trips. No exceptions can be made (see page 2). These guidelines are made in the very best interests of student safety and we appreciate your cooperation and understanding.

Hold the date of Friday, May 22 as we will be hosting our Community Fun Fair. Great prizes, BBQ, games and talent will be here to celebrate our time together. It will take many hands to organize and carry out so please come forward and volunteer. As always, please contact myself or the school office with any questions, concerns or issues that we can help solve. We are truly partners in your child's education.

Crystal Turner-Tracy
Principal
902-538-4680
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Donations

We are **always** accepting donations of the following:
Lego - children love playing with lego on indoor days
Cheerios or Shreddies for the breakfast program
Mittens - for those who forget theirs at home.

Ink Cartridge Recycling

We have partnered with Staples in an Ink Cartridge Recycling project. We have a bin in our lobby where old/used ink cartridges can be placed. Once it is full we just call and they will have them picked up



and recycled to keep them out of the landfills. If you have any cartridges at your home or work that you would like to recycle just send them to school with your child to be placed in the bin.

May 2015

Dates to Remember:

- May 6** Jump Rope for Heart - **Funds due** Friday, May 8
- May 12** Home & School Meeting 7pm
- May 15** Grade 5 Orientation Day at Central Kings
- May 15** Ms. Daniels' & Mrs. Crane's students have **NO SCHOOL** Primary Orientation
- May 18** Victoria Day **No School**
- May 21** CK Orientation Dance
- May 22** FUN FAIR 5:30 - 7:30



Inside this issue:

Home & School Fun Fair Info	2
Volunteers In Schools	2
Hot Lunch Menu	3
Community Events	4

Home & School Community Fun Fair May 22, 5:30 pm - 7:30 pm

Home & School is preparing for its **annual community fun fair, Friday, May 22, 5:30 p.m. to 7:30 p.m.** The school, classroom teachers and Home & School all have a role in hosting this event – and it also includes you.

Over the next couple of weeks, you will be asked to support our efforts with your time and contributions to some of the activities, including classroom basket raffles. If you are asked, and can pitch in, your efforts will be much appreciated!

As part of the fun fair itself, we are looking for volunteers in the following areas:

PRIZE SORTING

This will be done one evening a week or so before fun fair, as we sort all the prizes into sets for the fun fair's games.

SHOW 'N SHINE

If you can help manage the arrival and parking pattern of our show 'n shine guests in the front

Central Kings parking lot, that'd be great. Event starts at 5:30 p.m., so you should probably be on-site at 4:45 p.m. for the early birds. This also involves giving each entry a registration paper, welcome envelope and prize ballot.

FLOATERS

Spare jobs always need people with spare time to jump in – emptying trash, running extra prizes, finding extension cords, covering volunteers who'd like to have a hot dog with their kids.... If you anticipate being at the fun fair and can pitch in when we need you, that'd be great!

CLEAN-UP

The fun fair ends at 7:30 p.m. but we need help moving tables/ chairs back into the school, taking down the BBQ tent, moving trash cans back, packing supplies, etc.... This could take an hour – more or less, depending on helpers!

SPONSORSHIP

Many community businesses and organizations have been generous with financial and prize sponsorship of this year's event. If you – as a business owner or employee of a community-minded business – would like to contribute as well, your support is appreciated. All funds raised at the fun fair support school and student programs and services: many of the extras that make learning more fun, more accessible and better supplied.

CUPCAKES NEEDED

Mrs. Karamitsos-Moody/Mrs. MacLean's class will need donations of cupcakes for their booth at the Fun Fair. Donations can be brought to the school anytime Friday, May 22.

If you can help, please contact Sara Keddy, 538-9191 or cskeddy@hotmail.ca

Volunteers In Schools

The AVRSB has had a *Volunteers in Schools* Policy since 1999. As stated in this policy, the Board takes its obligation seriously to ensure safe environments for learning by taking all reasonable steps to minimize risks and threats to students. Because student safety is a top priority, in January 2015, this policy underwent an extensive review to ensure that any potential gaps in practice are closed or minimized. All recommendations for change were presented to our school community members and was circulated to our school stakeholders for the opportunity to respond to the proposed changes and

to provide further input. To highlight some of the changes:

- clearly defines volunteers versus visitors;
- requires volunteers to complete a standard application form for any volunteering;
- will continue to require the completion of Criminal Records Check (including the Vulnerable Sector) and Child Abuse Registry checks prior to working with students but will now require re-checks be completed every (3) three years; and,
- as of January 8, 2015, will require all current volunteer to renew their Criminal Records

Check (including the Vulnerable Sector) and Child Abuse Registry if it has been over (3) three years since it was last completed.

The recommended changes to the *Volunteers in Schools* policy are not to discourage volunteering in the AVRSB. It is to employ the best practices to ensure our policy is as effective as possible for decreasing the chances of student harm from volunteers. We will be reminding our volunteers throughout the remainder of the school year so that we are well prepared for such events, as Class Trips.

Hot Lunch Menu

Milk	0.40
Apple or Orange Juice	1.00
Water	0.40
Whole Apple	0.75
Banana Slices	0.75
Apple Wedges	0.75
Fresh Fruit Bag	1.00
Veggie Bag & Dip	1.00
Carrots & Dip	1.00
Gold Fish Crackers & Fruit	1.00

Oatmeal Chocolate Chip Cookie	1.50
Cheddar Cheese and Crackers	1.50
½ Bagel with Butter	1.00
½ Bagel with Cream Cheese	1.00
Whole Bagel & Butter or Cr. Cheese	2.00
Cheese String	0.75
Yogurt	0.75
Raspberry Choc. Chip Bran Muffin	1.00
Multigrain Roll	0.75
Hard Boiled Egg	1.00

Daily Lunch Items

Sandwiches 1.50
 Cheddar Cheese, Tuna, Egg, Chicken Salad,
 Cucumber or Sunbutter (Sunflower seed butter)

Baked Potato 1.50
 with cheese & butter

Soup of the Month - Chicken Noodle 1.50
 Soup & Roll 2.00



Hot Lunch Daily Meals \$3.00 each

May 2015

Monday Quesadilla
 Tuesday Perogies
 Wednesday Grilled Cheese
 Thursday Nachos
 Friday Pizza - veggie or cheese

June 2015

Monday Quesadilla
 Tuesday Chicken Drumstick & Potato Wedges
 Wednesday Grilled Cheese
 Thursday Nachos
 Friday Pizza - veggie or cheese

All meals include a 2% milk and fruit or vegetable of the day. The cost is \$3.00. If your child prefers juice, the cost is \$4.00.

If there is a **holiday or in-service** on Friday,
pizza day will be moved to **Thursday**.

Cambridge & District Elementary School

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Working Together for Students!

Show 'n Shine

Friday, May 22, 5:30 p.m. to 7:30 p.m. Vintage and collectible autos, tractors, motorcycles all welcome. Paved parking, Hwy 1 frontage (using the Central Kings school lot), prizes for entrants. Free registration, free admission. A fun part of Cambridge Elementary School's community fun fair. For info: Sara, 902-538-9191 or cskeddy@hotmail.ca

KINGS Physiotherapy Clinic, SportChek and The Pita Pit in New Minas have partnered to celebrate National Physiotherapy Month in MAY. We are asking Students to fill out a ballot to win \$300.00 worth of gym equipment for

their school and a lunch for their class provided by the Pita Pit. Go to our website at www.kingsphysio.com and or The Advertiser/Register in MAY for ballots or pick up a ballot at SportChek/ Pita pit. The winner will be announced at the end of May.

Fantastic Mr. Fox is coming to CentreStage Theatre

An urbane fox cannot resist returning to his farm raiding ways and then must help his community survive the farmers' retaliation. This delightful children's play is based on a book by Roald Dahl. Thirty-two young actors will bring the farm alive on June 6,7,13,14,20,21 in the Upper Performance Centre at CentreStage. The show begins at 2 PM, the tickets are \$7.00 For more information , please go to www.centrestage@centrestagetheatre.ca

Family Health Fair at WKM Health Centre, Berwick

Tuesday May 12, 2015 from 11am to 8pm

Free Special Events;

- Teddy Bear Check-up and Parent/Tot exercise 11:00am to 12:30
- Seniors Fitness and Health Panel 1:30pm
- After school Snack and Scavenger hunt (7-12 yrs) 3:30pm
- Eco-health Event with horticulturalist Sarah Hiltz and pizza (13-17yrs) 5:30pm
- What's new with NS Health? General 7pm

For information call 538-1318 or 538-3111.

Berwick & District Nursery School 538-9680 berwickpreschool@eastlink.ca

Now accepting Registration for The 2015-2016 School Year!

Morning classes available and Afternoon classes are Dependent on enrolment. **Your Child will.....**be nurtured by a well planned environment.begin working with numbers & letters.....build a positive self-image.....participate in arts, crafts AND SHARING TIME.....have fun! **Fully qualified and trained ECE staff: Get your child ready for elementary school!**

Interested in attending Acadia Summer Sports Camps?

Acadia University is partnering with Jumpstart (Canadian Tire) and the Annapolis Valley Regional School Board to support youth from ages 4-18 to attend Acadia Summer Sports Camps. If your family is facing economic barriers and your child is interested in attending summer sport camps at Acadia, please inquire at your local school. Pick up a pamphlet and an application form. The process is clearly outlined in the pamphlet. Deadline for applications is May 15th. You will be notified within 2-3 weeks if your child is eligible and has been accepted. Don't miss out on this great opportunity for your child to be active and fit during the summer.