



# Cambridge Times

## January Newsletter

### Virtue of the Month - Loyalty

Each month students at Cambridge Elementary focus on a virtue of the month. This month we are focusing on the virtue of **LOYALTY**.

Loyalty is staying true to someone. It is standing up for something you believe in without wavering. It is being faithful to your family, country, school, friends or ideals - when the going gets tough as well as when things are good.

When you are a loyal friend, even if someone disappoints you, you still hang in there with them. Loyalty is staying committed. You practice loyalty by committing to a person, or belief. Choose your friends carefully, so you can be friends for a long time. If someone tries to use your loyalty for a bad purpose, or hurts you over and over, you

need to decide if it feels right to go on being loyal. Stand up for your family and friends when others act unjustly. When you are loyal you are worthy of trust.



### Donations

We are always accepting donations of the following:

**Campbells Soup Labels** - Our Phys Ed program gets new equipment with them

**Lego** - children love playing with Lego on indoor days

**Cheerios or Shreddies** for the breakfast program

**Mittens** - for those who forget theirs at home

### Primary Registration

Primary Registration will take place on February 25th. If you have a child who will be 5 by December 31, 2014 please

phone the school as soon as possible to register your child and to arrange

an appointment time. If you know of someone who has a child starting school in September, but may not see this newsletter please let them know to call the school.



### January 2014

#### Dates to Remember:

- Jan 21** - Home & School 7pm
- Jan 22** - Skating
- Jan 29** - Skating
- Feb 5** - Skating
- Feb 12** - Skating
- Feb 14** - Early Dismissal 11:35 am
- Feb 17** - In-service Day No School for Students
- Feb 25** - Primary Registration No School for Students in Mrs. Crane and Ms. Daniels' classes.

#### Inside this issue:

Home & School	2
Dress For Weather	2
Skating	2
Hot Lunch Menu	3
Community Events	4

## Home & School

Hello, families. Happy New Year to all as we get back into routine. The **next H&S meeting is January 21** at 7 p.m. at the school, and families are invited to attend. We are looking for someone to fill the role of H&S vice-president, so this could be a good chance to come out and see what kind of work (and fun!) we do.

Thanks to all who attended our **community pancake breakfast**, a benefit for the Kennedy family: a huge success, a great morning and we appreciate all of your support. Thanks to Santa, Crystal the Elf and Sundae the Clown; our student artists for their decorations, student servers and par-

ent and school staff volunteers. If you know people who work at Coldbrook Foodland, Berwick Save Easy, Webster Farms, ACA Poultry, Great Valley Juices and OH Armstrong, please pass along our thanks for their donations to our event.

Thanks as well to all who supported the raffle for front row seats at the **holiday concert**: H&S volunteers are sure, wherever you were sitting, you enjoyed the children's performances. And, finally, a BIG thank you to Wendy Roscoe and her team for pulling together the **Christmas shopping party**. We appreciate all donations of items and gift

wrap, and, especially, your time helping sort, advising kids and then with the wrapping and packing up. The kids always look forward to their time at the event.

If you have ideas for the **May 23 fun fair**, it's never too early to share: this will be the H&S's next major event, and planning is right around the corner.

Sara Keddy  
President, H&S Association  
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## Dress for Weather



Parents and students are reminded that students are to come to school dressed appropriately for the

weather. Students will be going outside as long as the



temperature is  $-21$  or above as per board policy.

## Skating

Cambridge Students will once again be skating at the Berwick Apple Dome. The dates for skating are Jan 22, 29, Feb 5, and 12th. We also have Feb 19th

booked in case one of the other dates is cancelled due to stormy weather.



Information about the skating program will be coming home



today or Monday with your child. Please look it over, fill out the paper work and return it to the school. All consent forms/waivers need to be returned to your child's teacher in order for your son/daughter to participate in the skating program.



## Hot Lunch Menu January

White Milk	0.35	½ Bagel with Butter	1.00
Chocolate Milk	1.00	½ Bagel with Cream Cheese	1.50
Water	1.00	Whole Bagel with Butter	2.00
Apple or Orange Juice	1.00	Whole Bagel with Cr. Cheese	2.00
Apple or Orange Wedges	0.75	Cheese Strings	0.75
Fresh Fruit Bag	1.00	Yogurt	0.75
Fresh Veggie Bag	1.00	Homemade Bits & Bites	1.00
Hard Boiled Egg	0.50	Apple	0.50
Cookies	0.75	Multigrain Roll	0.50
Gold Fish Crackers/fruit	1.00		

### Daily Lunch Items

Sandwiches 1.50  
Cheese slice, Tuna, Egg, Chicken Salad  
or cucumber

Baked Potato 2.00  
comes with cheese & butter

### Hot Lunch Daily Meals \$3.00 each

Monday Minestrone Soup & Garlic Toast  
Tuesday Chicken Hot Pot with sweet potatoes and veggies  
Wednesday Beef Casserole with mashed potatoes and veggies  
Thursday Sweet & Sour Pork with Rice  
Friday Pizza - veggie or cheese



All meals include a 2% milk and fruit or vegetable of the day. The cost is \$3.00. If your child prefers chocolate milk or juice, the cost is \$3.65. A second Hot Lunch Item is available for \$2.00 after they purchase the first meal for \$3.00.

If there is a **holiday or in-service** on Friday,  
**pizza day** will be moved to **Thursday**.

Thank you to Valley Pizza for providing us with whole wheat pizza crust.

## Cambridge & District Elementary School

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Working Together for  
Students!

# Community Events

**OPEN HOUSE** – It's a New Year; A new You? Adults are invited to join staff and students at Kings County Adult High School on **Wednesday January 15, 2014** from **2-5 p.m. for an OPEN HOUSE/INFORMATION SESSION at the school in New Minas. 34 Highbury Road** (behind "Cineplex" Theatres). If you would like to come back to school, we can help Call 681-4928 for more information.

### Free Skate at Kings Mutual Century Centre....

Saturday, January 11<sup>th</sup> from 8 to 9 pm

Friday, January 24<sup>th</sup> from 4:15 to 5:15 pm.

### Montreal Canadians Old Timers Hockey Game at the AppleDome

March 22, 2014 at 7pm. All are Welcome! Tickets are \$20.00 each.

### ROSS CREEK CENTRE FOR THE ARTS

On **Saturday, January 25**, celebrate dance with the Ross Creek Centre for the Arts!

With a performance of works in progress, skating on our pond (weather permitting) and hot chocolate around a bonfire, different dance inspired visual art activities, and much more, this is a great way to spend an afternoon, followed immediately by a community supper and barn dance!

We're having a bake sale for camp bursaries, fun all-ages art activities, short films on dance and more! The Afternoon runs from 2 to 5 pm, with performance of works in progress by national dance sensation and artists in residence Val Calam and Company Vice Versa at 2 pm, and great art activities for all ages.

**A Community Potluck** follows. Bring your meal and drink, and break bread with the professional dancers from Toronto and the fabulous musicians from across the pond and down the street. If you want to come and pay for food, you just let us know in advance, and pay a small amount to have a great meal!

Supper begins at 5 pm, and barn dance with live music and calling by the **North Mountain Ceilidh Band** to follow at 6 pm- no experience necessary – all ages welcome and encouraged, and laughter to ensue! Limited space for this event.

Register online at <http://www.artscentre.ca/news-events/cas/>, or call 582-3842 to book.

Admission is to the afternoon is Pay What You Can, with a suggested minimum of \$5 per person, or \$15 for a family of 5. Community Supper is \$10 if you want us to make the food, and the dance is \$10 per adult and \$5 for children 12 and under.