



Cambridge Times

February Newsletter

From the Principal

Happy New Year! We are all returning to school having spent extended time with our families and friends, excited for all that lies ahead. I have witnessed many students re-adjusting to their school schedules and routines. And, like the first days of school in September, the same sense of energy, exuberance, and wonderment fills the hallways & classrooms.

We have much ahead to be excited about. Heritage Fair and Science Fair are being organized regionally and information is available at the school if parents are interested. We are happy to have Mme. Patterson supporting us with Herit-

age Fair again this year. Skating at the Apple Dome will happen even though the Wednesday storms are delaying our start. And the Grade 3's will be swimming as part of the Swim to Survive provincial program. We are lucky in all the community support and encouragement we receive. We especially appreciate all the warm hand knit mittens and hats being donated, and Breakfast Club donations.

We also welcomed Dallas Fisher to our position as Hot Lunch employee. She comes from New Zealand, used to own a restaurant, has three grown children and many creative ideas on

healthy eating in school. We will be serving a vegetarian, chicken, pork and beef dinners through the week with our ever popular whole wheat pizza on Fridays. Fresh fruit and vegetables are our highest priority keeping kids healthy and learning. Each meal includes all the food groups and a small healthy dessert. We are very lucky to have such a well established food program in our school.

I hope you are successful with your year ahead!! I know we'll be very busy on our end here at Cambridge Elementary.
Mrs. Tracy

February 2014

Dates to Remember:

- Feb 5** - Skating
- Feb 10-13** - Candy Gram Orders to be Delivered Feb 14th
- Feb 12** - Skating
- Feb 14** - Early Dismissal 11:35 am
- Feb 17** - In-service Day No School for Students
- Feb 19** - Skating
- Feb 25** - Primary Registration
- Feb 27** - Report Cards go home

Donations

We are **always** accepting donations of the following:
Campbells Soup Labels - Our Phys Ed program gets new equipment with them
Legos - children love playing with lego on indoor days
Cheerios or Shreddies for the breakfast program
Mittens - for those who forget theirs at home.

Primary Registration

Primary Registration will take place on **February 25th**. If you have a child who will be 5 by December 31, 2014 please phone the school as soon as possible to register your child and to arrange

an appointment time. If you know of someone who has a child starting school in September, but may not see this newsletter please let them know to call the school at 538-4680.



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Home & School

- Home & School is pleased to report our school was part of Rocky Mountain Christmas Trees' \$482 donation to the Canadian Cancer Society, following the Christmas tree season. The farm also donated a portion of trees taken home by Cambridge families to our H&S.
- January 15, H&S president Sara Keddy joined representatives from 13 other Valley school H&S and School Advisory Committees at a meeting in Berwick with the panel responsible for the on-going provincial school review process. The panel is looking for feed-

back into its November 2013 discussion paper before its final report is turned into the minister of education later this month. This panel met earlier in the day with AVRSB representatives and, in the evening, with the public.

- Coming right up is Staff Appreciation Week, February 9 to 15, and H&S thanks all teachers, support staff and our bus drivers for the work and care they put into educating and supervising our children every day.
- February 14 is Valentine's Day! Send a special message via our 25-cent candygrams: orders will be collected February 10 to 13. All proceeds are

collected for the Heart & Stroke Foundation. H&S executive will miss the energy and enthusiasm of our secretary, Danielle Gavel, who has recently resigned. Thanks to Danielle for her time and talent! If you would like to volunteer with H&S, we are actively seeking a vice-president and a secretary. Contact Sara Keddy, cskeddy@hotmail.ca, for drop into our next meeting, February 18, 7 p.m. Sara Keddy
President, H&S Association
cskeddy@hotmail.ca



As you have been reading in our school newsletter

over the past few months, we are very excited to be partnering with Michelin for the Michelin Challenge Education initiative!

In the coming months, employees from Michelin will continue to volunteer their time each week to give



grades 3, 4, & 5 students some extra practice with their reading and Math skills. Volunteers come every

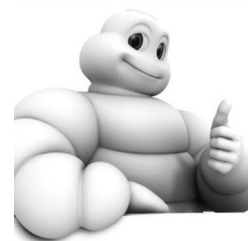
Thursday morning, and they work with each student for 30 minutes. If you are in our school on Thursday mornings, you will see the magic happening all over the place- just look for the colourful bean bags lining our halls!!!

In addition to this support, we are also discussing the



possibility of starting some lunchtime enrichment programs for students, including a

lego and chess club. More to come on this later!!



Hot Lunch Menu February

White Milk	0.35	½ Bagel with Butter	1.00
Chocolate Milk	1.00	½ Bagel with Cream Cheese	1.50
Water	1.00	Whole Bagel with Butter	2.00
Apple or Orange Juice	1.00	Whole Bagel with Cr. Cheese	2.00
Apple or Orange Wedges	0.75	Cheese Strings	0.75
Fresh Fruit Bag	1.00	Yogurt	0.75
Fresh Veggie Bag	1.00	Homemade Bits & Bites	1.00
Hard Boiled Eggs	0.50	Apple	0.50
Cookies	0.75	Multigrain Roll	0.50
Gold Fish Crackers/fruit	1.00		

Daily Lunch Items

Sandwiches 1.50
Cheese slice, Tuna, Egg, Chicken Salad
or cucumber

Baked Potato 2.00
comes with cheese & butter

Hot Lunch Daily Meals \$3.00 each

Monday Beef & Rice
Tuesday Spaghetti Casserole
Wednesday Grilled Cheese
Thursday Pork & Mashed Potatoes
Friday Pizza - veggie or cheese



All meals include a 2% milk and fruit or vegetable of the day. The cost is \$3.00. If your child prefers chocolate milk or juice, the cost is \$3.65. A second Hot Lunch Item is available for \$2.00 after they purchase the first meal for \$3.00.

If there is a **holiday or in-service** on Friday,
pizza day will be moved to **Thursday**.

Thank you to Valley Pizza for providing us with whole wheat crust pizza.

Cambridge & District Elementary School

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Working Together for
Students!

Community Events

Montreal Canadians Old Timers Hockey Game at the AppleDome

March 22, 2014 at 7pm. All are Welcome! Tickets are \$20.00 each.

Town of Berwick Winter Carnival – February 8 and 9th

Big Berwick Igloo Build on Sunday, February 9th at Rainforth Park from 1 to 3 pm. Start freezing your milk cartons now and bring blocks of ice (your can color them if you like) and lets see what we can build!

For more information on Winter Carnival activities, please contact Berwick Recreation at 538-8616.

MARCH BREAK IS AROUND THE CORNER! ARE YOU READY?

We are looking forward to a fabulous week at Ross Creek's March Break Arts Camp for children and teens. From Panthers to Picasso, from Architects to Writers, there is something great for everyone aged 5-17. Just some workshops this March Break camp are Winter Survival, Fairytale Fun, Aliens Alive, Roaring Rockets, Dragons and Dwarves, Song writing and more. For more information or to register visit our website at www.artscentre.ca or give Roxy Peterson (Camp Director) a call: 902-582-3842. Also available: Our camp bus runs from Wolfville to Coldbrook. TAX CREDIT: Get a tax credit for enriching your children! Ross Creek is an accredited camp by the Canadian Camping Association and the Camping Association of Nova Scotia.

Camp & Education Director - The Ross Creek Centre for the Arts

Youth Leader - Duke of Edinburgh's Award

A Commissioner - The Supreme Court of Nova Scotia

Phone: 1-902-582-3842

Fax: 1-902-582-7943

www.artscentre.ca

Arts • Passion • Wonder

The Ross Creek Centre for the Arts is a multi disciplinary arts education and development centre based on 186 acres of farm and forest in Nova Scotia's Annapolis Valley. Our facilities and programs are designed to serve the artistic and cultural communities of Nova Scotia, of Canada, and of the world, with a focus on professional artist development, youth education and Aboriginal arts programming.

Calling all Lacrosse Players!

KENTVILLE MINOR LACROSSE ASSOCIATION

Registration for upcoming season : March 4th and 5th at Kentville Arena

Contact: Robert Martin - robmartinhockey@eastlink.ca

Pancake supper

March 4, 4:30 p.m. to 6:30 p.m., Hardwood Lake Girl Guide Camp hosts its annual Shrove Tuesday pancake supper at the Waterville fire hall. Pancakes, baked beans and ham; dessert, coffee/ tea/ juice. Freewill offering, all welcome. Proceeds support girl greatness in the outdoors.