



Cambridge Times

April Newsletter

From the Principal

First of all, I would like to say a heartfelt thank you for the warm welcome I have been given. I am truly grateful to students, staff, parents/ guardians, bus drivers, and Home & School! I look forward to getting to know all of you. Please do not hesitate to contact the school, if you have concerns or questions.

Happy Spring! We are keeping our fingers crossed that the snow is soon going to disappear and we will all be able to enjoy warmer weather. We are appreciating the extra

daylight hours and hope that you are too!

The School board has cancelled all In-service and Early Dismissal days from now until June 23 due to the number of storm days we have had this year.

Lastly, you may notice some new faces around our school. We are fortunate to have five student teachers added to our school community. Rebecca Taylor has joined Mrs. Butler's class. Jenna Stacey has joined Mrs. Daniel's class. Nicole Marshall has joined Mrs.

Karamitsos-Moody/MacLean's class. Shannon Thomas has joined Mrs. Nickerson's class. Rachel Betts has joined Ms. Crane's class. We hope you enjoy your time with us and that we help prepare you for your teaching careers. Welcome!

Bernice Jackson
Principal

Dates to Remember:

- Apr 14** Good Friday
No School
- Apr 17** Easter Monday
No School
- Apr 18** Primary
Registration
No School for Ms. Daniels' & Ms. Crane's classes
- Apr 24** Home & School
Meeting 7pm

All In-service and Early Dismissal days between now and June 23 have been cancelled due to the number of storm days we have had this school year.



Primary Registration



Primary Registration will take place on April 18th (April 19th is the alter-

nate date if cancelled for any reason). If you have a child who will be 5 by December 31, 2017 please phone the school as soon as possible arrange an appointment time for April 18th. If you know of

any families with a child who will be starting school in September of this year, but may not see this newsletter, please let them know to call the school.

902-538-4680



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Child and Youth Mental Health Programs

Helping Anxious Children Course

Spring 2017

Thursdays, 12:00-2:00 PM

April 20, 27, May 4, 11, 15, 2017

St. Mary's Elementary School, 1276

Victoria Road, Aylesford

or

Thursdays, 6:00 – 8:00pm

May 18, 25, June 1, 8, 15, 2017

Auditorium, AVH Chipman, 5

Chipman Drive, Kentville

A 5 week course for parents/
caregivers of children with anxiety.

Topics include

- What is anxiety?

- Encouraging courage
 - Relaxation
 - The importance of thoughts
 - Facing fears
 - Rewarding efforts and success
- Parents/Caregivers will be provided with education, mutual support, and assistance. Caregivers will be provided with handouts of material covered for use throughout the course and for reference once the course is finished.

For whom

- Parents of children diagnosed with an anxiety disorder or a child who struggles to manage anxiety

- Parents who struggle with their own anxiety that may or may not be getting in the way of helping a child with anxiety

Parents or caregivers looking for education, support and assistance

Please let us know if you would like to attend but transportation is an issue.

There is **no fee** to participate. For more information, call

1-855-273-7110

Lunch Ordering

We are doing our best to make sure the lunch program ordering system works as easily as possible for parents. If for some reason you are having difficulty or you are not receiving the Alerts please call the office and we will work to correct any issues. We recently had an issue where a parent had originally had the email function turned off for alerts so this was preventing the alerts from reaching them.

We are posting the links on the home page of our website. Please **be sure to select the correct date** you wish to order for.

The web address is:

www.cambridgeelementary.ednet.ns.ca/ (control & click to go to our homepage)

Transition Information

On February 21, 2017, the Nova Scotia government passed legislation to implement a contract for members of the Nova Scotia Teachers Union.

Please know the transition in schools will take some time. We know that our teachers have always been committed to providing the best education possible, so classroom learning and classroom-related activities for students will continue to be their priority.

Extra-curricular activities such as clubs or events may resume, however, this is at the discretion of staff organizers. The Nova Scotia School Athletic Federation will work with schools to determine the next steps for school sports.

We continue to ask that students who do not travel on buses arrive at school no

earlier than 20 minutes before the start of classes, and stay after school no longer than 20 minutes after classes end. Your child's school will communicate with you about changes to school arrivals and departures as needed or when more information is available.

Please continue to communicate with your child's school if you have questions about your child's learning, supervision, schedules, extra-curricular activities or events.

Thank you | Wela'lin | Merci

Roberta Kubik
Superintendent of Schools

Hot Lunch Menu

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|---------------------------|------|
| Milk | 0.40 |
| Water | 0.50 |
| Apple or Orange Juice | 1.00 |
| Whole Apple | 1.00 |
| Apple Wedges | 1.00 |
| Banana | 1.00 |
| Orange Wedges | 1.00 |
| Fresh Fruit | 1.00 |
| Frozen Choc Dipped Banana | 1.00 |
| Carrots & Dip | 1.00 |
| Veggies & Dip | 1.00 |
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|------------------------------------|------|
| Hard Boiled Eggs | 1.00 |
| Gold Fish Crackers | 1.00 |
| ½ Bagel with Butter | 1.00 |
| ½ Bagel with Cream Cheese | 1.00 |
| Whole Bagel & Butter or Cr. Cheese | 2.00 |
| Cheese String | 1.00 |
| Yogurt | 1.00 |
| Raspberry Choc. Chip Bran Muffin | 1.00 |
| Homemade Bits and Bites | 1.00 |
| Cookie | 1.00 |
| Multigrain Roll | 1.00 |
| | |

Daily Lunch Items

Sandwiches 1.50

Cheddar Cheese, Tuna, Egg,
or Cucumber

Chicken Noodle Soup 2.00

Chili 2.00

Baked Potato 1.50

with cheese & butter

Beef Vegetable Soup or Chili

and Multigrain Roll 2.50



Hot Lunch Daily Meals \$3.50 each



Monday Burrito

Tuesday Creamy Coconut Chicken &
Rice

Wednesday Grilled Cheese

Thursday Chicken Tossed Salad

Friday Pizza - veggie or cheese

Monday Taco

Tuesday Creamy Tomato Tortellini
Soup

Wednesday Grilled Cheese

Thursday Teriyaki Chicken Casserole

Friday Pizza - veggie or cheese

All meals include a 2% milk and fruit or vegetable of the day. The cost is \$3.50.

Cambridge & District Elementary School

6113 Highway 1
Cambridge Stn., NS
BOP 1G0
Phone: 902-538-4680
Fax: 902-538-4686
E-mail: cads@avrsb.ca
www.cambridgeelementary.ednet.ns.ca

Working Together for
Students!

Community Events

The Berwick and District Nursery School is accepting names for a possible Tuesday and Thursday afternoon class for the 2017-2018 school year. Please call 902-538-9680 to register!

Lacrosse registration

April 15, 10 a.m. to noon, Valley Thunder Lacrosse registration at the Greenwood Mall. Join the club's ninth season of youth (ages five to 18) lacrosse programming, based out of Kingston and Berwick rinks. The season will begin in mid-April, continuing through mid-June. Coaches and referees are always needed for teams, games and



2017 FRENCH SUMMER CAMPS

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|---|---|--|
|  <p>Nautical Camp- Magdelan Islands July 9-15, Grades 6-9 French Immersion Nautical campers stay at the beautiful Centre Nautique de l'Istorlet. They are immersed in the culture and language of the islands while enjoying activities such as sailing, windsurfing, swimming, cycling and canoeing.</p> |  <p>Sea Kayaking Camp- Magdelan Islands July 9-15, Grades 9-12 French Immersion Campers go on a five-day wilderness adventure accompanied by the professional staff of Centre Nautique de l'Istorlet. They will discover birds, whales and seal colonies while exploring caves, cliffs and tunnels by day, camping on the sand dunes at night.</p> | <p>FrancoForum July 3-7 Grades 8-12 St Pierre, France Core French, IB & French Immersion Campers will stay with homestay families, learn about the unique culture of the French island, and return home with a stamp in their passports. International experience at the FrancoForum, St Pierre.</p> |
|  <p>Camp de la Baie August 20-26, Aug 27-Sept 1, Grades 4-8 Core French & French Immersion A thirty minute drive from the Armdale Rotary, Camp de la Baie is located in Sambro Head. Campers stay in one of seven heated cabins in Spruce Grove Village. Activities will include swimming, soccer, basketball, canoeing, gaga ball, hiking, drama, and arts and crafts.</p> | <p>Imagine having all of the fun of summer camp "en français"! Call our Branch Office for more information at: 902-453-2048 Or e-mail: Cpf@ns.sympatico.ca</p> |  <p>Camp Artistique Porters Lake, Digby County Aug. 7-11, Grades 4-6 Core French & French Immersion Camp Fran-tastique is located in Barton, Digby County. Set on the shores of Porters Lake, Camp Fran-tastique offers swimming, sports, crafts and games. Campers sleep in cabins with an assigned counsellor.</p> |

Promoting opportunities for young Canadians to learn and use French

Kid Ink Comics and Illustration Do your children like comic books? Want to learn how to make their own? This is an opportunity for students to learn the process of creating their own illustrative work. Whether they have experience drawing, or want to begin now, these art classes will show students how to use materials such as pen, ink, nib, brush, acrylic, and pencils. Using different techniques, students will work towards completed projects involving full pages, cover work, story boarding, trading cards and more!

Teacher: local artist Patrick Bezanson. Limited spacing call 902-680-1691 or stop in to:

Cotton Tale Cafe + Play 9185 Commercial Street

4 Week Course – Every Wednesday from May 3- 24 2:45 – 4:30pm \$60

AYLESFORD MINOR BASEBALL REGISTRATION

Friday April 14, 2017 from 11am to 1:00 pm

Saturday April 22, 2017 from 11am to 1:00 pm

Saturday April 29, 2017 from 11 am to 1:00 pm

PLACE: 965 PARK STREET, IN AYLESFORD AT ATWATER'S SERVICE CENTRE.