



Cambridge Times

April 2016 Newsletter

From the Principal

Happy Spring! Not only has the calendar turned but the weather as well and certainly there is a spring in our steps here at Cambridge School. We hope you are all enjoying the return to longer days of sun and warmth.

This month we will host parent/teacher on the afternoon (1-3) and evening (6-8) of Thursday April 14th. Your children have been working hard to show their learning and love to share. We will have Science Fair projects on display in the hall for you to look at as well.

Volunteer Assembly:

On Wednesday April 20th at 9am Ms. Blanchard's Grade 3-4's and Ms. Eid's Grade 1-2 will be co-

hosting one of our most important assemblies of the year. It's our time and opportunity to celebrate and thanks our many school volunteers with song, poems and kind words of recognition in our special assembly. We encourage all volunteers to attend and receive a special thank you gift from our students. Your work in our school is invaluable and makes us an even better place to be. Please call the school so we can add you to our list.

We have lots on the horizon as Spring arrives and the months ahead will be very busy. We have Grade

3 swimming, Jump Rope and Hoops for Heart to support Heart & Stroke foundation, class trips, Spring concert, assemblies, spirit days, Fun Fair and more.

Students have earned the next stripe on the tiger's tail (by collecting 1000 Caught Ya's) and have earned a crazy hair day which will be on April 8th.

Crystal Turner-Tracy,
Principal



Dates to Remember:

- Apr 7** Report Cards go home
- Apr 8** Crazy Hair Day
- Apr 14** **Early Dismissal** 11:35 am
Parent/Teacher 1-3pm & 6-8pm
- Apr 15** Inservice
No School for Students
- May 12** **Early Dismissal** 11:35am
- May 13** Primary Orientation
Grade 5 Orientation at CK
- May 20** Fun Fair 5:30 - 7:30pm

Primary Orientation

Primary Orientation will take place on May 13th.

There has been a change and the students will **all** come to school in the **morning** from 8:30



- 11:30 am. Parents are asked to arrive no earlier than 8:25 am so we can get the rest of the school settled before the

new primaries arrive. Please take your son/daughter down to the primary classroom when you arrive.



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Donations

Breakfast club always welcomes donations of Cheerios or Shreddies (must be nut free).



We are **always** accepting donations of the following items as well:

Lego - children love playing with lego on indoor days.



Mittens - for those who forget theirs at home or theirs are wet and they need a dry pair.



Important Info about Alert Solutions

When an unplanned early dismissal happens during the school day, schools work with AVRSB to notify parents/guardians and school community members. Unplanned early dismissals are caused by worsening weather conditions, power outages, etc.

Starting February 1, 2016, AVRSB will use Alert Solutions in addition to our current ways of communicating about unplanned early dismissals.

AVRSB will communicate unplanned early dismissals by:

- Twitter messages (follow @avrsb)
- Announcements on local radio (AVR Network, Magic 94.9, K-Rock 89.3, and CBC Radio 1)
- Information on the AVRSB website (www.avrsb.ca)
- Alert Solution messages by text, email and/or phone for affected school(s)

- AVRSB's "Notify Me" text/email service, in cases where the dismissal affects a large number of schools (subscribe or unsubscribe at <http://avrsb.ca/content/notify-me>)

Some schools may also continue to use their own processes to notify parents/guardians about unplanned early dismissals.

AVRSB will continue to communicate **early morning notices and cancellations** related to weather and/or road conditions by:

- Twitter messages
- Announcements on local radio
- Information on the AVRSB website
- AVRSB's "Notify Me" text/email notice service

Autism Awareness - April 1, 2016



Students wrote their name on puzzle pieces and we created this tree in the main office to Celebrate Autism Awareness Day on April 1st. Students also wore blue and created puzzle piece necklaces to wear.

Youth Fun Run

8th Annual Valley Youth Fun

Run: Join us Saturday May 14th 2016 for the 8th annual Valley Youth Fun Run in Canning. Youth between the aged of 6 and 15 can run either the 3k or 5k distance. Registration is only \$5 and registration forms can be picked up at your school or recreation department. The run takes place rain or shine. Participants who register by April 29th will be guaranteed a t-shirt. The run starts at 11 am. We are also looking for volunteers. Please contact Nichole Gilbert if you would like to volunteer: ngilbert@county.kings.ns.ca or 902-690-6124 We hope you will join us!

Hot Lunch Menu

Milk	0.40
Water	0.40
Apple or Orange Juice	1.00
Whole Apple	0.75
Apple Wedges	1.00
Banana Slices	0.75
Orange Wedges	1.00
Fresh Fruit	1.00
Frozen Choc Dipped Banana	1.00
Carrots & Dip	1.00
Veggies & Dip	1.00
Hard Boiled Eggs	0.75

Gold Fish Crackers/fruit	1.50
Cheese & Crackers	1.50
½ Bagel with Butter	1.00
½ Bagel with Cream Cheese	1.00
Whole Bagel & Butter or Cr. Cheese	2.00
Cheese String	0.75
Yogurt	0.75
Raspberry Choc. Chip Bran Muffin	1.00
Homemade Bits and Bites	1.00
Healthy Rice Krispie Square	1.00
Cookies	1.50
Multigrain Roll	0.75

Daily Lunch Items

Sandwiches	1.50
Cheddar Cheese, Tuna, Egg, Chicken Salad or Cucumber	
Chicken Noodle Soup	1.50
Chili	1.50

Baked Potato with cheese & butter	1.50
Chicken Noodle Soup or Chili and Multigrain Roll	2.00

Hot Lunch Daily Meals \$3.00 each



Monday	Taco
Tuesday	Spaghetti & Meatballs
Wednesday	Grilled Cheese
Thursday	Shepherds Pie
Friday	Pizza - veggie or cheese



Monday	Quesadilla
Tuesday	Chicken Drumstick & Oven Baked Wedges
Wednesday	Grilled Cheese
Thursday	Nachos & Cheese
Friday	Pizza - veggie or cheese

All meals include a 2% milk and fruit or vegetable of the day. The cost is \$3.00.
If your child prefers juice, the cost is \$4.00.

If there is a **holiday or in-service** on Friday,
pizza day will be moved to **Thursday**.

Thank you to Valley Pizza for providing us with whole wheat crust pizza.

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Working Together for
Students!

Community Events

Dykeland Equestrian Centre - Looking for a physical and fun activity for your child(ren) who love horses? Consider enrolling them in our March break riding school, March 14-18, 2016 to learn about handling horses and riding or to advance their skills and knowledge if they already are riders. Our day and residential riding schools are schools available for beginners to advanced and include riding lessons, fun activities and meal(s). Information and registration form are available on our website (dykelandequestriancentre.weebly.com) or contact (902) 542-3054 for details.

Victory Taekwondo Taekwondo classes are offered at the Port Williams Community Centre Sundays and Thursdays. Classes are available for ages 4 and up. Students will improve focus, discipline and self confidence. The first 2 classes are free. Contact us for more information and class times at 902-670-7897 or tkdvictory@hotmail.com.

Ladies chocolate event April 8, 7 p.m. to 8:30 p.m., at the Coldbrook Lions Hall. Girl Guides of Canada is calling all ladies to attend a chocolate-themed challenge evening, featuring crafts, fudge, skits, taste testing, games and more. Earn the crest! Find out what Girl Guides do with chocolate. For info, contact Kristy, Harvest Trail Area membership advisor, at kristy_randall@hotmail.com; or check out the event page on Facebook.

Berwick and District Refugee Settlement Group has formed in the Berwick area in response to the ongoing global refugee crisis. Our goal is to mobilize the resources of the community through service clubs, schools, churches, businesses and private citizens in order to resettle a refugee family in our community. It is not certain where the refugee family will come from. While the Syrian crisis may be top of mind there continues to be high needs for assistance to people fleeing violence from a number of regions around the world.

The cost of sponsoring a family of six for a full year is estimated to be just over \$30,000.00. A separate account under the Berwick United Church, Berwick, NS has been established and all support from the community is appreciated.

How can I help? To start, there are several fundraising events coming up and we hope to raise the funds by the end of June. We need your support.

Upcoming/current events for this cause include:

GoFundMe - donations may be made to the Berwick and District Refugee Settlement . Please be sure to Like and Share on Facebook. <https://www.gofundme.com/4gvbmvyk>

- **April 2nd - Variety Show** - Free will offering- **United Church in Kingston, NS.** 7pm proceeds to Berwick and District Refugee Settlement Fund.
- **April 16th - Berwick Lionettes Tea** - 10am - 12 Please bring a friend and enjoy this spring event! **Berwick Lion's Hall**
- **April 23rd, Saturday- Roast Beef Dinner** 6:00pm Tickets \$25 each; **Aylesford United Church**

Donations: A separate account under the Berwick United Church, Berwick NS has been established. Cheques should be directed to the Berwick United Church and made payable to **Berwick and District Refugee Settlement Group.** **Donations over \$10.00 will receive charitable tax donation receipts.**

Watch for other events and dates to be announced (TBA): Windemere Jam Session TBA, Foodland event TBA, Film viewing "Salom Neighbor" TBA, and many more! Remember, "Everyone Can Do Something"- Mother Teresa

Women of the Annapolis Valley!!!! If you enjoy incorporating mentoring, learning and fun through a variety of games, crafts , songs and adventures, then leading in Girl Guides is for you! Parker District of Girl Guides of Canada, is hosting a Sisterhood Event to encourage new leaders to join this exceptional organization for girls! Come and enjoy an evening of activities, socializing and interacting with current leaders to explore the benefits of inspiring the female leaders of tomorrow!!!

The Sisterhood Event is on April 8th from 7-8:30 at the Lions Hall in Coldbrook. We look forward to meeting you! This is an adult only event