



# Cambridge Times

## April Newsletter

### From the Principal

I am sure that parents and guardians have heard of our successful 3rd Annual Art Day here at Cambridge. We were all inspired by the wonderful art produced, the artists we worked with and the positive energy and fun in our building that day. We participated in a variety of activities such as sand and seed art, dream-catchers, porcupine quill art, multimedia, watercolors, pastels and more. Special thanks to Mrs. Mills and her team for this wonderful day. We appreciate the time, effort and passion you have for students.

**Volunteer Assembly:** On Monday April 20th at 11am

Mrs. Karamitsos-Moody's class will host an assembly to celebrate our volunteers. We encourage all volunteers to attend and receive a special thank you gift. Your work in our school is invaluable and makes us an even better place to be. Please call the school so we can know how many to expect. (538-4680)



We have lots left to do as Spring arrives and hopefully we can continue to work together. The months ahead will be very busy with events such as Grade 5 Tim

Horton's Camp, Grade 3 swimming, Jump Rope and Hoops for Heart, Neptune Theatre and Mi'kmaq drummer Shalan Jourdry. We are very lucky to have such an active and dedicated staff team to provide all of these options for your children to enrich their educational lives.

We all look forward to the days ahead and the true discovery of Spring!

Crystal Turner-Tracy  
Principal  
902-538-4680  
ctracy@avrsb.ca



### Donations

We are **always** accepting donations of the following:

- Lego** - children love playing with lego on indoor days
- Cheerios or Shreddies** for the breakfast program
- Mittens** - for those who forget theirs at home.

### Ink Cartridge Recycling

We have partnered with Staples in an Ink Cartridge Recycling project. We have a bin in our lobby where old/used ink cartridges can be placed. Once it is full we just call and they will have them picked up



and recycled to keep them out of the landfills. If you have any cartridges at your home or work that you would like to recycle just send them to school with your child to be placed in the bin.

### April 2015

#### Dates to Remember:

- Apr. 1** Art Day
- Apr 3** Good Friday  
No School
- Apr 6** Easter Monday  
No School
- Apr 20** Volunteer Assembly  
11:00 am
- Apr 21** Home & School Meeting 7pm
- Apr 22** Inservice Day  
**No School for Students**
- Apr 27-29** Tim Horton's Camp (Grade 5)
- May 15 Ms. Daniel's & Mrs. Crane's students have NO SCHOOL because of Primary Orientation**

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## Home & School

Spring is on the horizon! Thanks so much to families who supported Home & School's annual spring Vesey's bulb campaign. When the bulbs arrive, you will have summer colour to look forward to! April

Looking ahead, please mark May 22 on your calendar for the community fun fair. The classic auto show will return – if you have a vintage vehicle tucked away (car, truck, tractor or anything else motorized), please plan to join us. As well, the traditional children's games, basket raffle, BBQ and entertainment are already in

the planning. If you would like to have a hand in early organization, prize donation for events or the auto show, or general sponsorship of our fun fair, please get in touch. We would love to have your support. As well, watch for notices from your child's teacher as the date draws closer, as classrooms need extra hands to man activity stations.

If you have Home and School questions or ideas, please contact Sara Keddy, president, [cskeddy@hotmail.ca](mailto:cskeddy@hotmail.ca). The next H&S meeting is Tuesday, April 21, 7 p.m.; at the school. All are welcome.

## Lost & Found

There are a **LARGE NUMBER** of items that have accumulated in our Lost and Found. **PLEASE** check our Lost and Found if your child has lost **ANY** items(s) over the past few months.



## Volunteers In Schools

The AVRSB has had a *Volunteers in Schools* Policy since 1999. As stated in this policy, the Board takes its obligation seriously to ensure safe environments for learning by taking all reasonable steps to minimize risks and threats to students. Because student safety is a top priority, in January 2015, this policy underwent an extensive review to ensure that any potential gaps in practice are closed or minimized. All recommendations for change were presented to our school community members and was circulated to our school stakeholders for the opportunity to respond to the proposed changes and to pro-

vide further input. To highlight some of the changes:

- clearly defines volunteers versus visitors;
- requires volunteers to complete a standard application form for any volunteering;
- will continue to require the completion of Criminal Records Check (including the Vulnerable Sector) and Child Abuse Registry checks prior to working with students but will now require re-checks be completed every (3) three years; and,
- as of January 8, 2015, will require all current volunteer to renew their Crimi-

nal Records Check (including the Vulnerable Sector) and Child Abuse Registry if it has been over (3) three years since it was last completed.

The recommended changes to the *Volunteers in Schools* policy are not to discourage volunteering in the AVRSB. It is to employ the best practices to ensure our policy is as effective as possible for decreasing the chances of student harm from volunteers. We will be reminding our volunteers throughout the remainder of the school year so that we are well prepared for such events, as Class Trips.

# Hot Lunch Menu

Milk	0.40
Apple or Orange Juice	1.00
Water	0.40
Whole Apple	0.75
Banana Slices	0.75
Apple Wedges	0.75
Fresh Fruit Bag	1.00
Veggie Bag & Dip	1.00
Carrots & Dip	1.00
Gold Fish Crackers & Fruit	1.00

Oatmeal Chocolate Chip Cookie	1.50
Cheddar Cheese and Crackers	1.50
½ Bagel with Butter	1.00
½ Bagel with Cream Cheese	1.00
Whole Bagel & Butter or Cr. Cheese	2.00
Cheese String	0.75
Yogurt	0.75
Raspberry Choc. Chip Bran Muffin	1.00
Multigrain Roll	0.75
Hard Boiled Egg	1.00

## Daily Lunch Items

Sandwiches 1.50  
 Cheddar Cheese, Tuna, Egg, Chicken Salad,  
 Cucumber or Sunbutter (Sunflower seed butter)

Baked Potato 1.50  
 comes with cheese & butter

**Soup of the Month** - Chicken Noodle 1.50  
 Soup & Roll 2.00



## Hot Lunch Daily Meals \$3.00 each

### APRIL 2015

Monday Donair  
 Tuesday Mac & Cheese  
 Wednesday Grilled Cheese  
 Thursday Spaghetti & Meatballs  
 Friday Pizza - veggie or cheese

### MAY 2015

Monday Quesadilla  
 Tuesday Perogies  
 Wednesday Grilled Cheese  
 Thursday Turkey Burger  
 Friday Pizza - veggie or cheese

All meals include a 2% milk and fruit or vegetable of the day. The cost is \$3.00. If your child prefers juice, the cost is \$4.00.

If there is a **holiday or in-service** on Friday,  
**pizza day** will be moved to **Thursday**.

Thank you to Valley Pizza for providing us with whole wheat crust pizza.

## Cambridge & District Elementary School

6113 Highway 1  
Cambridge Stn., NS  
BOP 1G0

Phone: 902-538-4680

Fax: 902-538-4686

E-mail: [cads@avrsl.ca](mailto:cads@avrsl.ca)

[www.cambridgeelementary.ednet.ns.ca](http://www.cambridgeelementary.ednet.ns.ca)

Working Together for  
Students!

## Community Events

### Berwick & District Nursery School

A non-Profit Parent co-operative

538-9680 [berwickpreschool@eastlink.ca](mailto:berwickpreschool@eastlink.ca)

**Now accepting Registration for The 2015-2016 School Year!**

Morning classes available and Afternoon classes are Dependent on enrolment.

**Your Child will.....be nurtured by a well planned environment.**

....begin working with numbers & letters.....build a positive self-

image.....participate in arts, crafts AND SHARING TIME.....have fun!

**Fully qualified and trained ECE staff: Get your child ready for elementary school!**

Despite the mountains of snow, it's time to start thinking of Baseball again! **Kentville Minor Baseball Association** is holding registrations on the following dates, times and places

**March 29th** - Rep (Bluenose) Baseball Registration

Soccer Dome in Kentville 11 AM to 1 PM

Louis Millett Centre in New Minas 5 PM to 7 PM

**April 18th** - House Baseball / T-Ball / Rookie Registration

Kings County Academy 11 AM to 1 PM

**May 9th** - Final Registration

KCA - 11 AM to 1 PM

All players must register online at the website noted below and bring a copy of the completed Registration Form, Code of Conduct Form and registration payment to one of the registration dates noted above.

Look for our Code of Conduct Form under the HANDOUTS tab in the menu.

<http://www.leaguelineup.com/welcome.asp?url=kentvilleminorbaseball>

Registration fees are as follows:

Junior: Player Age 19-21 Fee: \$260

Midget: Player Age 16-18 Fee: \$260

Bantam: Player Age 14-15 Fee: \$180

Pee Wee: Player Age 12-13 Fee: \$160

Mosquito: Player Age 9-11 Fee: \$130

Rookie: Player Age 6-8 Fee: \$90

T-Ball: Player Age 4-5 Fee: \$60

Age of players for Baseball purposes is the age that the player will be on December 31, 2015

If you have missed registration or have any questions, please contact Karen McNutt - [registrar@kentvilleminorball.com](mailto:registrar@kentvilleminorball.com)

PLAY BALL!

### Interested in attending Acadia Summer Sports Camps?

Acadia University is partnering with Jumpstart (Canadian Tire) and the Annapolis Valley Regional School Board to support youth from ages 4-18 to attend Acadia Summer Sports Camps. If your family is facing economic barriers and your child is interested in attending summer sport camps at Acadia, please inquire at your local school. Pick up a pamphlet and an application form. The process is clearly outlined in the pamphlet. Deadline for applications is May 15<sup>th</sup>. You will be notified within 2-3 weeks if your child is eligible and has been accepted. Don't miss out on this great opportunity for your child to be active and fit during the summer.

*Think Spring* and join the **Berwick Rangers** for a children's story and craft time

Monday April 13 between 6 and 7 pm

at the Berwick Library